

People in Public Health:

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1) Personal background

I am originally from Trois-Rivières, a city of average size located between Montreal and Quebec City. I moved to Montreal in 2007 to study medicine at McGill University. I completed my Masters in Public Health at the University of Montreal and am now a resident in Public Health and Preventive Medicine at the University of Sherbrooke. I have always been interested in social activism, especially when it comes to actions on the ground. I also enjoy initiating projects to address needs I observe around me.

2) Why public health

I have always considered health as being a social cause presenting inequities that need to be addressed. I also like to work on high-impact projects, which go beyond a strictly medical universe. I feel like public

health allows me to put together many passions I have – communications, public mobilization, influencing politics – and so, for a great cause!

3) What are you working on now

I participate actively in *Jeunes médecins pour la santé publique*, a group, which brings together many public health residents and newly graduated specialists of the province of Quebec. Created in response to cuts of the third of the regional public health budget by the government, this group's mission is to make known and promote investments in public health among the Quebec population. I am also an administrator of Doctors of the World Canada and the Association for Public Health in Quebec and am involved with the Association of Public Health Specialists of Quebec, as well as the Residents' Committee of Public Health Physicians of Canada.

4) General fun facts

I have very diverse interests and like discovering new things. This is how I ended up leading a choir, being part of an improvisation team, singing and dancing in a musical, teaching tennis and managing a youth enterprise. Invite me to do something different and I'll accept with great pleasure!